

Are you a Caregiver?

Do you have a **child under the age of 18** in your custody?

NO

YES

You're a Caregiver!

Do you have a **child 18+** who is considered a dependent?

NO

YES

You're a Caregiver!

Do you have an **aging parent or relative** living with you?

NO

YES

You're a Caregiver!

Do you have an **aging parent or relative living separately from you**, but you manage some or all of their care?

(e.g. help them find resources, speak with healthcare providers, manage finances)

NO

YES

You're a Caregiver!

Do you have a **spouse, partner or friend with ongoing physical, mental, or behavioral health needs** that you support?

NO

YES

You'll probably be a caregiver someday

You're a Caregiver!

