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2022 Webinars



ON DEMAND
FOLLOWING
PRESENTATION

Jan 25, 2022, 3pm ET, 2pm CT, 12pm PT
Jun 08, 2022, 12pm ET, 11am CT, 9am PT

Education Survival Kit

Feb 16, 2022
12pm ET, 11am CT, 9am PT

Managing Your Child's Screen Time: Using Parental Controls

Mar 09, 2022
12pm ET, 11am CT, 9am PT

Supporting Your Child's LGBTQA+ Identity

Mar 22, 2022
3pm ET, 2pm CT, 12pm PT

Turning 3: Life After Early Intervention

April 12, 2022
3pm ET, 2pm CT, 12pm PT

Supporting Your Teen or Tween with Autism

May 17, 2022
12pm ET, 11am CT, 9am PT

Understanding and Supporting Your Child's Mental Health

Jun 15, 2022
3pm ET, 2pm CT, 12pm PT

Using Positive Discipline to Reduce Challenging Behaviors



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2022 Webinars



ON DEMAND

FOLLOWING
PRESENTATION

July 26, 2022
12pm ET, 11am CT, 9am PT,

**Siblings of Children with
Disabilities**

August 30, 2022
12pm ET, 11am CT, 9am PT

Teen Stress

September 20, 2022
3pm ET, 2pm CT, 12pm PT

**Advocacy Strategies and Your Child's
IEP**

October 11, 2022
3pm ET, 2pm CT, 12pm PT

Bullying and Cyber-bullying Basics

October 19, 2022
12pm ET, 11am CT, 9am PT

Education Survival Kit

November 15, 2022
3pm ET, 2pm CT, 12pm PT

**Supporting Your Child with Learning
Disabilities**

December 07, 2022
12pm ET, 11am CT, 9am PT

**Stress Management: Practical
Strategies for You and Your Kids**



Discover the range of services provided by schools to help all children have a successful experience.

Join this webinar to gain an understanding of common terminology – RTI, IEP, 504 – and learn more about their benefit. You'll also find out how the pandemic has impacted the way schools are delivering these services and how things might continue to evolve.



Available on-demand following the presentation



Education Survival Kit

January 25, 2022

3pm ET, 2pm CT, 12pm PT

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Then, click the “Attend a Webinar” button on your home page.





Most parents worry about the amount of time their children spend online and the content they may have access to.

Join this webinar to learn how parental control features or apps can help monitor your child's screen time and serve as the neutral enforcer of your family's electronics usage rules. You'll also get tips on how to decide how much monitoring may be appropriate for your child.



Available on-demand following the presentation



Managing Your Child's Screen Time: Using Parental Controls

February 16, 2022
12pm ET, 11am CT, 9am PT

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Family support and acceptance are critical for youth who identify as LGBTQA+.

Join this webinar to learn how to best support a child who is Lesbian, Gay, Bisexual, Transgender, or Questioning. You'll get strategies for communicating openly and lovingly, find out how to help educate other family members and friends, and learn when and how to step in to advocate for your child in the school environment or within the community.



Supporting Your Child's LGBTQA+ Identity

March 09, 2022
12pm ET, 11am CT, 9am PT

Available on-demand following the presentation

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If you're the parent of a child with a disability, your child's third birthday is a turning point.

This webinar can help you prepare for the transition ahead as your child moves from Early Intervention to school-based services. Register to find out what the process looks like and what role an Individualized Education Program (IEP) will play in the services your child will receive.



Available on-demand following the presentation



Turning 3: Life After Early Intervention

March 22, 2022
3pm ET, 2pm CT, 12pm PT

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Growing up is hard to do. When your child isn't neurotypical, there may be some extra bumps along the way.

In this webinar, we'll discuss ways to help your child understand and manage the physical and emotional changes brought on by adolescence, cope with complicated transitions to middle or high school, and navigate the socially complex world of teens.



Available on-demand following the presentation



Supporting Your Teen or Tween with Autism

April 12, 2022
3pm ET, 2pm CT, 12pm PT

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Some children internalize their stress in ways that can lead to anxiety and depression (“acting in”) while others tend to lash out in inappropriate ways (“acting out”).

Join this webinar to find out about the signs, symptoms, and treatment for each. You’ll also learn which behavior challenges are typical based on your child’s age (or not), and which professionals can help your child in and out of school.



Available on-demand following the presentation



Understanding and Supporting Your Child’s Mental Health

May 17, 2022

12pm ET, 11am CT, 9am PT

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Discover the range of services provided by schools to help all children have a successful experience.

Join this webinar to gain an understanding of common terminology – RTI, IEP, 504 – and learn more about their benefit. You'll also find out how the pandemic has impacted the way schools are delivering these services and how things might continue to evolve.



Available on-demand following the presentation



Education Survival Kit

June 08, 2022

12pm ET, 11am CT, 9am PT

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Are you looking for a way to discipline that encourages better behavior and helps stop misbehavior before it happens?

Join this webinar to learn how positive discipline can help you and your child overcome challenging behaviors with less frustration, create a stronger bond, and increase trust in your relationship.



Available on-demand following the presentation



Using Positive Discipline to Reduce Challenging Behaviors

June 15, 2022
3pm ET, 2pm CT, 12pm PT

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Living with a sibling who has a disability often leads to unique joys and unique challenges.

This webinar will focus on what siblings want and need based on research, lived experiences, and personal observations. A panel of siblings will share their experiences, providing real-life insights about the issues siblings face.



Available on-demand following the presentation



Siblings of Children with Disabilities

July 26, 2022

12pm ET, 11am CT, 9am PT

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Teen stress seriously impacts families across the country.

Learn from an expert on adolescent psychology the current thinking on typical causes of chronic stress or trauma, its effects on our kids, and helpful responses when your teen is struggling.



Teen Stress

August 30, 2022

12pm ET, 11am CT, 9am PT

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You've been through the evaluation process and finally signed off on your child's IEP. Now it's time to make sure that the school is following the IEP and delivering services.

This webinar offers practical advice for supporting your child's plan with school officials — classroom teachers, the IEP team, or the school principal. Join in to learn how to be an effective advocate and how to invoke complaint and due process procedures as necessary.



Available on-demand following the presentation



Advocacy Strategies and Your Child's IEP

September 20, 2022
3pm ET, 2pm CT, 12pm PT

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According to recent studies, around 1 in every 4 children are bullied in school by the age of 18 – and *over half* of teens admit to being bullied online.

Sadly, most of these kids never tell an adult. Join this webinar to learn what you can do to prevent bullying, how to recognize the signs of bullying, and how to help your child if bullying occurs.



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Bullying and Cyber-bullying Basics

October 11, 2022
3pm ET, 2pm CT, 12pm PT



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Available on-demand following the presentation



Education Survival Kit

October 19, 2022

12pm ET, 11am CT, 9am PT

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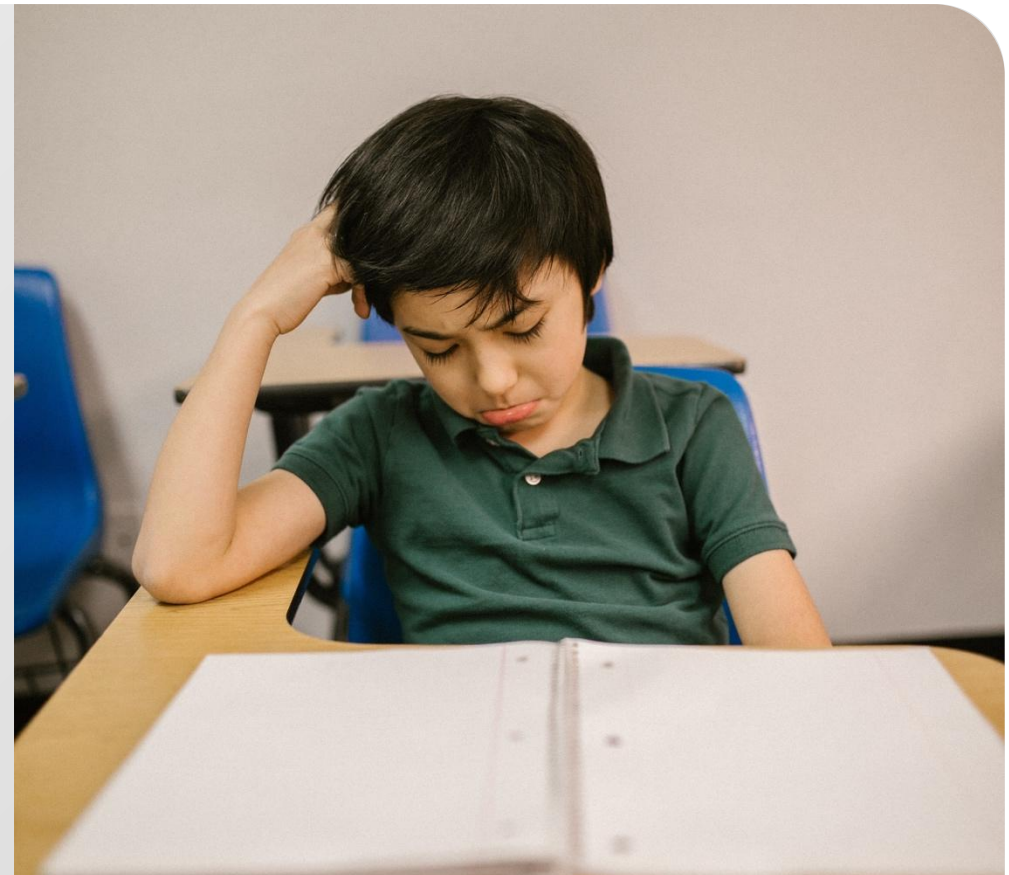
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Many children with learning difficulties experience daily struggles in school that put them at greater risk for having a negative self-concept or low self-esteem.

Join this webinar to learn how you can provide the positive reinforcement your child needs to build confidence and acquire new skills. You'll also find out what you can do to become an effective advocate for your child in and out of the school environment.



Available on-demand following the presentation



Supporting Your Child with Learning Disabilities

November 15, 2022
3pm ET, 2pm CT, 12pm PT

To register, log in or create your account at: dxc.torchlight.care

Then, click the “Attend a Webinar” button on your home page.





Are you wondering how to reduce chronic stress, even though your life often seems unavoidably stressful?

Join our webinar to learn how to remain centered in a world that won't stop moving. You'll learn strategies to increase well-being, protect scarce resources, like time and energy, and get simple tips for sharing stress-reduction techniques with your children and family.



Available on-demand following the presentation



Stress Management: Practical Strategies for You and Your Kids

December 07, 2022
12pm ET, 11am CT, 9am PT

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