LifeSpeak



Caring Is Everyone's Business

Are You a Caregiver?

Caregivers take on the responsibility of tending to a loved one's extended and often complex array of care needs in today's fast-paced, frequently shifting world. Now more than ever, caregivers are taking on multi-faceted, crucial roles that require the right resources right from the start and throughout their caregiving journey.



Mother

A sales executive has a 12–year-old daughter who was struggling in school and is regressing with distance learning. Mom doesn't know how to get her help, and teachers are at a loss. As both parent and employee, Mom's ability to make sales calls while supporting her daughter is limited.



Father

A software engineer's seven-year-old son has been diagnosed with Autism. Dad is having issues getting the right resources lined up at a time when school plans are uncertain. It's impossible for Dad to balance his own workload, while his son is spiraling downward without the proper supports.



Aunt

A VP of Marketing is very worried about her teenage nephew's growing isolation and anxiety. He's always had high grades, but his inability to cope with stress is problematic. Her nephew seems to be withdrawing socially and she worries about the growing impact of the "next normal."

What is LifeSpeak?

LifeSpeak provides real-time access to strategies and solutions that address the everyday needs and challenges of raising children.

How to get started?

Getting started is easy. Simply create a profile for your child, or ask a question; then explore a wide range of topics like Learning Disabilities, ADHD, Screen time, Special Education, Friendships & Social Skills, Anxiety, Depression, and more.

How does it work?

Based on the profile or question, you get real-time access to tools and a variety of resources. Or, jump right to scheduling a live session with an advisor.

How can it help?

LifeSpeak offers accessible caregiving solutions informed by data and built for better results. With a user-friendly digital platform and team of expert advisors, we go beyond traditional caregiving benefits.

The Bottom-Line Benefit

LifeSpeak's decision-support tools, caregiving knowledge base, and human expertise all come together to help reduce stress and enhance outcomes for caregivers. With costs covered through your employer, you can enjoy unlimited access across a continuum of services. To register, log in or create your account at portal.lifespeak.com